

PSY 1: Introduction to Psychology

Summer 2021 (Session 2)

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Zoom Link: [Click Here](#)

Course Data and Time: Mon/Wed 9-12:30pm PST

Course Website: [Click Here](#)

Course Google Folder: [Click Here](#)

Class Zoom Link: [Click Here](#)



Course Description:

Introduces prospective majors to the scientific study of behavior and mental processes and also provides an overview for non-majors. Emphasizes social, cognitive, and developmental psychology and their interrelations.

Learning Objectives:

1. Demonstrate understanding of key concepts in each area of psychology discussed in the course (e.g., cognitive, developmental, and social psychology subdisciplines, research methods, clinical disorders) via written assignments as well as exams.
 2. Apply psychological concepts and theories to real-world situations and social issues. To facilitate this goal, students will link and discuss knowledge gained from course readings with news articles about current events in both written assignments and small group ("pod") discussions.
 3. Develop and practice critical thinking skills via written assignments. Students will gain experience reading scholarly, peer-reviewed articles and considering how researchers use materials (e.g., measures/scales) to answer their core research questions.
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Course Resources:



[Canvas](#)

Your first stop for course materials including modules, lecture slides and videos, exams, submission portals, and gradebook.



[Google Drive](#)

Folder that contains living syllabus and weekly pod co-work folders.



[Free Version Textbook](#)

Weekly reading assignments will come from this textbook. It is free and will be the only text required for this course.

Assignments and Assessments: Course assessments will consist of:

-Attendance & Pod Participation: 8 points

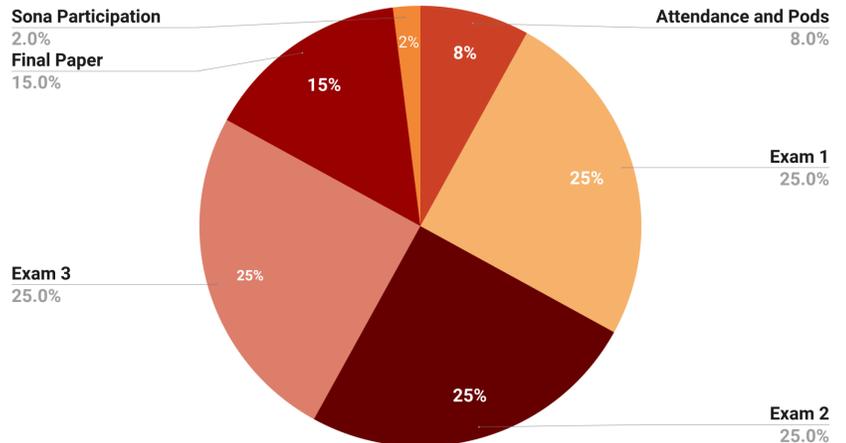
-Three Exams: 75 points (25 points each)

-Final Paper: 15 points

-Sona Participation: 2 points

*Please see below for descriptions of each assignment

Course Assignments



Description of Each Assignment:

- **Attendance Policy and Pod Participation Points:**

- **Attendance Policy:** Attendance is mandatory for both lecture and peer pod breakout group meetings. We will take attendance at random 4 times throughout the course during lecture; whoever is in attendance for the lecture that day gets the attendance point. There will be no exceptions. Those who miss a day of class when attendance is taken will have the opportunity to make up the missed point(s) via extra credit. In total, this is 4% of your total grade.
- **Pod Participation:** In addition to attendance taken during lecture, we will assess your attendance and participation in your pod discussion groups by randomly dropping into your breakout rooms to see who is actively engaging and via graded work. During each pod session, we will give your group an assignment that each person must submit a copy of to Canvas by the end of the pod discussion time. Work will be graded as full credit/partial credit/no credit. Your group must work together to complete the assignments and each person must be actively engaged to receive full credit. In total, this is 4% of your total grade.

***Please note:** If you need to miss a day of class, please let me or the TA know ahead of time. Exceptions will be given for extenuating circumstances such as illness, death of a family member, etc. **If you need to miss more than one class, please come to my office hour or schedule an appointment with me immediately.** We will discuss your potential options. Missing two classes (pod discussions included) will significantly impact your grade. Missing more than three may result in a failing grade for the course.

- **Exams:** There will be **3 exams, each worth 25 points** (each will be 25% of your final grade). Exams will be based on lecture and accompanying videos and pod discussion material. Exam questions will take the form of multiple choice questions. If you have disability accommodations, please email me within the first week of the course
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- **Extra Credit:** To better understand the exam material you lost points on, and to gain points back, you will have the opportunity to **choose 2 topics/concepts** you misunderstood during the exam and submit a write-up showing us you now have mastered that material. Each extra credit submission must include: (1) the two topics/concepts you misunderstood on the exam clearly indicated (2) each topic/concept explained in enough detail to show us you have now mastered that material (roughly 5-6 sentences).

You will have this extra credit opportunity twice -- once after the first exam and again after the second exam. **Each extra credit assignment must be submitted within 1 week's time after the exam period closes.** Merely submitting the extra credit assignment does not mean you will receive the points; you must submit correct explanations, and in enough detail, to indicate mastery of that concept. You can earn up to 2 points per extra credit assignment (for a total of 4 points).

- **Final Paper:** Whether you are a psychology major or in another discipline, understanding how to read and interpret scholarly articles is crucial. This assignment will help you begin building the skills needed to decipher all the components of a psychological research article and start thinking critically about methods and findings. You can think of this paper as 2 interrelated parts:

Part 1: Locating and Describing Key Parts of Research Articles

- Literature review
- Research questions/hypotheses
- Methodology
- Participant information
- Findings
- Discussion

~Roughly 2 pages

Part 2: Writing Your Own Analysis

- Consider what method and measures the researcher(s) chose to use and whether you agree or disagree
- Think critically about the findings and discussion and how they can be applied to the real world
- Compose analysis around these two pieces

~Roughly 3 pages

-Please see Canvas for details

- **Research Participation:** The Psychology Department requires that all students in this course participate in online psychology research studies (online surveys or experiments) for a total of three (3) hours, or complete an alternative assignment (see below).

Follow these easy steps to sign-up for research projects:

- 1) Go to the Sona website at <https://ucsc.sona-systems.com>
- 2) If you are enrolled in the class at the start of the quarter, then an account should already be created for you. To log in for the first time, click “Forgot Password?” to retrieve the pre-set password. For those who added the class late, or for some reason the system won’t let you log in, you may need to click “Request Account.” Only request a new account if the “Forgot Password” link isn’t working.
- 3) Always enter your UCSC email address. You will receive your password via email.
- 4) Log in and follow the instructions to complete the Prescreening Questionnaire. Your responses on this questionnaire will determine your eligibility for different studies.

IMPORTANT: You can earn research credit points by either participating in studies (online experiments or surveys) or writing papers (the alternative assignment). Studies are posted throughout the quarter. Plan ahead and complete them as soon as possible. Check online often for new studies. If you know you cannot make it, and if the time until the study is more than 24 hours, you can cancel on Sona. If you fail to show up for a study, or fail to cancel in time, you will be marked as having an “unexcused no-show.” If you accumulate three unexcused no-shows you will be prevented from signing up for more experiments. All participation must be completed by 5pm on the Friday of the last week of instruction (Friday, August 27). Do not wait until the last week to sign up.

What if you can’t find studies? Although some studies may be available right at the start of the quarter, there may not be enough for everyone. Please be patient, researchers will post new studies throughout the quarter. There is usually a big spike in hours during the last couple weeks. If you are concerned about the availability of hours, please don’t email your instructors or TAs; instead email the pool administrator so that they can try to address the issue directly (ucscresearchpool@gmail.com). This is also the best email to use if other issues arise during the quarter. If you participated in a study but didn’t receive credit after two days, please start by emailing the researchers directly. If the researchers don’t respond then send an email to the pool administrator. Rest assured, however, that all pending timeslots will be given credit at the end of the quarter before a report is sent to your professor.

Alternative assignment: If you prefer to not participate in research projects (or if you are under the age of 18) you may substitute three (3) papers, each critically evaluating a psychology research article. If you are doing the alternative written assignments, they must be emailed directly to your instructor or TA by the last day of instruction. If you have any questions or concerns please contact the research pool administrator at ucscresearchpool@gmail.com. Please note that plagiarized papers will result in a No Pass.

Each paper should be 1-2 pages (double spaced, 12-point, times new roman) and critically evaluate a psychology research article (addressing the questions shown below). You will need to find articles published in 2019, 2020, or 2021 in one of the following journals: (a)

Psychological Science; (b) *Psychonomic Bulletin & Review*; (c) *Journal of Personality and Social Psychology*; (d) *Developmental Psychology*.

- 1) What were the basic questions or hypotheses under investigation?
- 2) How did the researchers test their hypotheses?
- 3) What did the researchers find and how were these findings interpreted?
- 4) Are you convinced? Why or why not? Explain.

Academic Dishonesty and Plagiarism Policy: Academic dishonesty includes cheating, fabricating or falsifying information or sources, improper collaboration, submitting the same paper for different classes without permission, and plagiarism. Plagiarism occurs when writers deliberately or unintentionally use another person's language, ideas, or materials and present them as their own without properly acknowledging and citing the source. If you are worried about unintentionally plagiarizing, please see me or your TA before submitting the assignment. You can also familiarize yourself with the library's excellent resources on [source citation](#), tutorials on how to [avoid plagiarism](#), and checklists for ensuring that you have [properly cited your sources](#).

Statement Inclusivity and Rules of Engagement: My goal for this course is for us to co-create a classroom environment that is inclusive and welcoming to everyone. In this course we will respectfully discuss diverse experiences related to our individual identities including gender identity, race and ethnicity, and socioeconomic status, among others. To ensure that everyone's identities and experiences are valued and heard, I expect each of you to regard each other with the utmost respect. If you feel these rules of engagement have not been met by the instructional team or any of your peers, please let me know immediately.

Accessibility: I aim to make our learning community as accessible as possible. This means that I aim to provide accessible materials and to create opportunities for different kinds of engagement in our classroom space. If you come across materials that are not accessible to you, or experience a barrier to your participation in a class or meeting, please bring this to my attention and I will gladly work with you to ensure accessibility. If you are a student with a disability who requires accommodations to achieve equal access in this course, please submit your Accommodation Authorization Letter from the [Disability Resource Center](#) (DRC) to me privately during my office hour or by appointment, preferably during the first week of the quarter.

Course Schedule

Week	Date	Topics	Important Dates/Assignments
Week 1	Monday, July 26	Welcome & Course Layout Intro to Psychology	Due: Pod Work Reading for Next Class: Chapter 2
	Wednesday, July 28	Research Methods	July 29: Add Deadline Due: Pod Work Reading for Next Class: Chapters 3 & 9
Week 2	Monday, Aug 2	Biopsychology Lifespan Development	Aug 2: Drop Deadline (tuition reversed) Due: Pod Work Reading for Next Class: Chapter 15
	Wednesday, Aug 4	Lifespan Development cont'd Disorders, Therapy & Treatment	Due: Pod Work Exam 1 (open from Aug 4th 7am to Aug 6th 5pm PST) Extra Credit due Aug. 13th 5pm PST Reading for next class: Chapters 4 & 5
Week 3	Monday, Aug 9	Consciousness Sensation & Perception	Due: Pod Work Reading for Next Class: Chapters 8 & 6
	Wednesday, Aug 11	Memory Learning	Aug 13: Deadline to Request a "W" (no tuition reversal); Change grade option Due: Pod Work Reading for Next Class: Chapters 7 & 14
Week 4	Monday, Aug 16	Thinking & Intelligence Stress and Health	Due: Pod Work Exam 2 (open from Aug 16th 7am to Aug 18th 5pm PST) Extra credit due Aug 25th 5pm PST Reading for Next Class: Chapters 11 & 12
	Wednesday, Aug 18	Social Psychology & Personality	Due: Pod Work Reading for Next Class: Chapter 10
Week 5	Monday, Aug 23	Emotion and Motivation Guest Speakers	Due: Final Paper
	Wednesday, Aug 25		Exam 3 (Exam open from Aug 25th 7am to Aug 27th 5pm PST) Sona Participation or alt. Assignment due by Aug 27th 5pm

Student Resources

Slug Support

<https://deanofstudents.ucsc.edu/slug-support/program/>

If you are facing financial challenges, food and housing insecurity, or other concerns, and you are not sure how to find the resources you need, contact Slug Support at (831) 459-4446. You can also contact Slug Support if you are concerned about a friend or peer and they will connect with that person to help them get access to the resources they need. I can also contact Slug Support on your behalf.

Basic Needs

<https://basicneeds.ucsc.edu>

If you are experiencing challenges related to basic needs, such as food, housing, health & wellness, or financial security, visit the Basic Needs hub for information.

Undocumented Student Services (USS)

https://eop.ucsc.edu/undocumented_student_services/index.html

Under the umbrella of the Educational Opportunities Programs, Undocumented Student Services (USS) provides personal, academic, financial, and legal support to all UCSC undocumented students, including scholarship and fellowship information, community-building meetings, legal assistance and workshops, and access to fresh produce.

CARE (Campus Advocacy Resources and Education)

<https://care.ucsc.edu/>

CARE is a confidential space to discuss issues of dating violence, sexual assault, and stalking. CARE advocates provide support in a variety of ways depending on your needs, such as by supporting you in your decision-making; understanding the complexities that can arise from these issues; providing emotional support and free services; and providing resources and referrals. Make an appointment: <https://care.ucsc.edu/services/advocacy-appointment-request1.html> Give CARE a call: (831) 502-2273 Visit CARE: Oakes Administration Building, Room 221 (as of Fall 2019)

CAPS (Counseling and Psychological Services)

<https://caps.ucsc.edu/>

If you are in distress, managing heightened stress and anxiety, or want to get more support and a counselor's perspective on something you're going through, CAPS provides a variety of services for your needs—including immediate crisis support, scheduled individual appointments, group counseling, and workshops led by peer advisors.