

Monday and Wednesday 9am to 12:30pm**Adolescent Development: Adolescence into Young Adulthood**

This course focuses on individual and relational development from early adolescence to emerging adulthood. We discuss the mutual developmental influences and contexts of biology, culture, cognition, personality, family, peers, and school. While the course emphasizes normative (typical) development, we also discuss risks and problems of adolescence and young adulthood. Psychology 3 or 100 (Research Methods in Psychology) and 10 (Introduction to Developmental Psychology) are prerequisites for this course; **if you are a psychology major at UCSC** you must have **completed** these courses to enroll. If you are not a psychology major at UCSC, please contact me so I can assess if you qualify for a permission code.

Monday's class meetings will be held synchronously through zoom:

<https://ucsc.zoom.us/j/96014196979?>

Password: 024830

UCSC requires passwords to avoid zoom bombing

Instructor: Margarita Azmitia, Ph.D.
 Office hours: Tuesday 12:30-1:30 pm and Wednesday 4:30 to 5:30pm through zoom.
 Zoom links to office hours:
 Tuesday: <https://ucsc.zoom.us/j/92583602921>
 Wednesday: <https://ucsc.zoom.us/j/96727990190>
 Email: azmitia@ucsc.edu

Teaching Assistant: Nicholas Santer
 Office Hour: M 12:30 to 1:30pm through zoom
 Zoom link <https://ucsc.zoom.us/j/91604550392>
 There is no password, but there will be a waiting room so I can meet with you one at a time.

Required Text:

Arnett, J. J. (2017). *Adolescence and Emerging Adulthood: A Cultural Approach*. Sixth Edition, Hoboken, NJ: Pearson. The electronic textbook is available for purchase from the Bay Tree Bookstore and Pearson Publishers. You can also rent a hard copy of the text directly from the publisher.

The fifth edition of the textbook is fine, although you will be responsible for checking the correspondence between the material in the fifth and sixth edition.

Please check your syllabus for **additional readings**. These required readings will be available through **canvas**.

Class Requirements**Exams (50% of final grade)**

There will be two non-cumulative exams, a midterm and a final. The exams will include multiple choice questions and will be administered through canvas. **YOU WILL TAKE THE EXAMS DURING OUR REGULAR CLASS TIME**. They will be drawn from the textbook, canvas readings, lectures, and films. **Make-up exams** will be given only in exceptional circumstances (e.g., an illness for which you have a doctor's excuse). Make-ups will only be given to students who contact me **before** the exam and get my permission for the make-up. Please plan accordingly

Exam dates:

Midterm exam: Monday July 6

Final Exam: Wednesday July 22

If you are a DRC student who will need exam accommodations: Students who need an accommodation based on the impact of a disability should email me their *Accommodation Authorization*, preferably during the first week of the course. I will follow up with you individually through email to discuss your accommodations and you can also request an individual zoom meeting with me. Please contact the **Disability Resource Center** at 831-459-2089 in room 146 Hahn Student Services or by e-mail at drc@ucsc.edu to request your Accommodation Authorization.

Quizzes, administered through canvas, (20% final grade) will be given once a week to assess your understanding of the material. Our first quiz will be Monday June 29. Each quiz will have 10 multiple choice questions. It will be administered during our class time (see announcements and lecture slides). Please plan accordingly

Dates for quizzes: Monday June 29
 Wednesday July 8
 Monday July 13
 Monday July 20

Commentaries for readings assigned for class meetings (synchronous Monday, asynchronous Wednesday) (10% of final grade, no makeups for missed posts). By 10pm the night before the class meeting for which the reading is assigned on canvas you will post a 4-5 sentence reflection or critique of an issue you found interesting in the reading in our **canvas discussion forum**. Late commentaries will not be accepted. On-time commentaries will be graded as 3 = excellent, 2 = good, 1 = fair, and 0 missing/late/did not follow instructions. I will provide examples of commentaries on a handout posted on canvas.

One Critical Analysis of readings assigned on canvas (see instructions on our files tab) 10%. You will select a reading on our canvas site to analyze. Your typed, double spaced analysis is due **BEFORE** the class in which I will discuss the reading.

Turned in group products from the discussions on Mondays—10% of grade. On Mondays, you will spend 30 minutes of class time working together on questions or concepts, which we will discuss when we return to the large group. During your 30 minute meeting, you will produce a document that answer the question or explains the concepts and email them to me before we return to our lecture. azmitia@ucsc.edu. We will discuss your document in the large lecture, so be prepared for your group to participate when called on.

Extra Credit: Participating in research will help you understand the research process. You can participate in up to 2 hours of research. For each hour, you will receive 5 extra credit points added to your lowest exam. You will sign up through the psychology research pool. Please see additional instructions for participation at:

<https://ucsc.sona-systems.com/Default.aspx?ReturnUrl=%2f>

If you do not want to participate in research, for up to 10 points extra credit you can do the alternative assignment, a critical analysis of the following article:

Fulgini, A. (2020). Is there inequality in what adolescents can give as well as receive? *Current Directions in Psychological Science*. (online first, <https://doi.org/10.1177/0963721420917738>)

Approximate grading scale:	
Excellent = A = 90-100,	with A+ = 98-100 and A- = 90-92
Good= B = 80-89,	with B+ = 87-89 (Very Good) and B- = 80-82

Satisfactory = C= 70-79, with C+ = 77-79
 Poor =D = 60-69
 Failing= F = 59 and below

Cheating and Plagiarism: Academic dishonesty will not be tolerated. Cheating includes (1) copying from another person's exam (e.g., working with others on exams or quizzes) or paper (commentaries and critical analysis); (2) letting another person copy from your exam or paper; and (3) plagiarism. Plagiarism is defined as any use of another author's words or ideas without providing credit or an appropriate citation. Cheating and plagiarism will result in a zero grade for the exam or paper. A second time of such behavior will result in a no pass (F) for the course. If you are unsure as to what constitutes academic dishonesty, please meet with me. Information is also available here: <http://library.ucsc.edu/help/howto/citations-and-style-guides>. Principles and procedures concerning academic integrity are available at this link: http://www.ue.ucsc.edu/academic_integrity.

Distribution of Lecture Notes: Please note that students may be disciplined for selling, preparing, or distributing course lecture notes for any commercial purpose, whether or not the student themselves took the notes. The unauthorized sale of lecture notes (and handouts, readers, or other course materials) is a violation of campus policies and state law and may also constitute copyright infringement subject to legal action.

Lecture Outline

Please complete the assigned reading before the lectures. Reading the material beforehand will orient you to the topics, help you take better notes, and make it easier for you to ask questions and participate in class discussion. **On Mondays, our synchronous days, after the class meeting, I will post the lecture slides on Canvas and our recorded zoom lecture on our shared google drive. On Wednesdays, our asynchronous day, I will post the lecture slides with audio on our canvas site before the class meeting so you can access them at your convenience.**

MONDAY JUNE 22. INTRODUCTION: ADOLESCENCE IN HISTORICAL CONTEXT, MYTHS, AND KEY DEVELOPMENTAL ISSUES.

We will review our syllabus together. Please ask any clarification questions during class or email me your questions.

Reading

Textbook: Chapter 1

Canvas: *CITL: How to read an article*

WEDNESDAY JUNE 24 ADOLESCENT AND EMERGING ADULT DEVELOPMENT IN A GLOBALIZED WORLD; BEGIN BIOLOGICAL FOUNDATIONS

Reading

Textbook: Chapter 2

Canvas: Canvas: Blakemore, S-J. (2018). Avoiding social risk in adolescence. *Current Directions in Psychological Science*, 27(2), 116-122.

Monday June 29 FINISH BIOLOGICAL FOUNDATIONS, COGNITIVE DEVELOPMENT

Reading:

Textbook: Chapter 2, continued
 Chapter 3

Canvas Cheah, C. S. Leung, C. Y. Y., Özdemir, S. B. (2018). Chinese Malaysian adolescents' social-cognitive reasoning regarding filial piety dilemmas. *Child Development*, 89(2), 863-396.

WEDNESDAY JULY 1 CULTURAL FOUNDATIONS, GENDER

Reading

Textbook: Chapters 4, 5

Canvas: Nashina, A., & Witkow, M. R. (2020). Why developmental researchers should care about biracial, multiracial, and multiethnic youth. *Current Directions in Child Development*, 14(1), 21-27.

MONDAY JULY 6

First 2 hours: MIDTERM EXAM 9-11

11-11:30: Break

Starting at 11:30 am: Begin Self & Identity

WEDNESDAY, JULY 9 FINISH SELF & IDENTITY, FAMILY CONTEXTS OF DEVELOPMENT

Reading:

Textbook: Chapters 6 & 7

MONDAY JULY 13 PEERS, FRIENDS, AND ROMANTIC PARTNERS

Reading:

Textbook: Chapter 8 & 9

WEDNESDAY JULY 15 SCHOOLS AND WORK

Reading:

Textbook: Chapter 10

Canvas: Morse, A. M. L., Wax, A., Malmquist, E.J., & Hopmeyer, A. (2019, online first). Protester, partygoer, or simply playing it down? The impact of crowd affiliations on LGBT Emerging adults socioemotional and academic adjustment to college. *Journal of Homosexuality*, 1-25, <https://doi.org/10.1080/00918369.2019.1657752>

MONDAY JULY 20: MEDIA, BEGIN PROBLEMS AND RESILIENCE

Reading:

Textbook: Chapters 12 and 13

Canvas: Brown, G., Manago, A. M., & Trimble, J. E. (2016). Tempted to text: College students mobile phone use during a face-to-face interaction with a close friend. *Emerging Adulthood*, 4(6), 440-443.

WEDNESDAY JULY 22: PROBLEMS AND RESILIENCE, FINAL EXAM

The final exam will be available on canvas from 10 to 12:30

Signing up for Research Participation in SONA (not required, extra credit)

Follow these easy steps to sign-up for research projects:

- 1) Go to the Sona website at <https://ucsc.sona-systems.com>
- 2) If you are enrolled in the class at the start of the quarter, then an account should already be created for you. To log in for the first time, click "Forgot Password?" to retrieve the pre-set password. For those who added the class late, or for some reason the system won't let you log in, you may need to click "Request Account." Only request a new account if the "Forgot Password" link isn't working.
- 3) **Always enter your UCSC email address.** You will receive your password via email.
- 4) Log in and follow the instructions to complete the Prescreening Questionnaire. Your responses on this questionnaire will determine your eligibility for different studies.

IMPORTANT: You can earn research credit points by either participating in online studies or writing a critical analyses (see syllabus for the alternative assignment). Studies are posted throughout the session. Plan ahead and complete them as soon as possible. Check online often for new studies. If you know you cannot make it, and if the time until the study is more than 24 hours, you can cancel on Sona. If you fail to show up for a study, or fail to cancel in time, you will be marked as having an

“unexcused no-show.”

What if you can't find studies? Although some studies may be available right at the start of the summer session, there may not be enough for everyone. Please be patient, researchers will post new studies throughout summer session. There is usually a big spike in hours during the last couple weeks. If you are concerned about the availability of hours, please don't email your instructors or TAs; instead email the pool administrator so that they can try to address the issue directly (ucscresearchpool@gmail.com). This is also the best email to use if other issues arise during the quarter. If you participated in a study but didn't receive credit after two days, please start by emailing the researchers directly. If the researchers don't respond then send an email to the pool administrator. Rest assured, however, that all pending timeslots will be given credit at the end of the summer session before a report is sent to your professor.