"...whatever ... psychiatric problems are, they have this in common with 'real' diseases - they are associated with pain, suffering, disability, and death." - *Psychiatric Diagnosis*, Goodwin & Guze (1979)

This course is an introduction to human psychopathology. The course surveys fundamental issues and problems of people with behavioral, emotional and cognitive disorders. The major classes of mental disorders are reviewed, focusing on the development of serious mental disorders. The course material is interdisciplinary: it examines biological, medical, psychological, social, cultural, and political aspects of mental illness. Students are taught ways to formulate and analyze psychopathology, with the purpose of helping them develop an introductory but integrated understanding of mental disorder and intervention.

**COURSE OBJECTIVES**

It is hoped that each student will:
- gain a critical awareness of important theories about the etiology of human psychopathology,
- learn all the major categories of mental disorders,
- learn basic elements of psychiatric diagnosis,
- understand strengths and weaknesses of diagnostic classification,
- learn basic principles and processes in the development of psychopathology, and
- gain a critical awareness of current social issues affecting people with mental illness.

**TEXT, READINGS, AND VIEWING MATERIAL**

*Required Text:*


The text is available at the Bay Tree Bookstore.

If you get the text from another source, be sure to get the eighth edition. The seventh edition is also acceptable.
Web Resources:
Canvas: Handouts, assignments, readings, quizzes, and other materials are available on the class Canvas Website. It also includes a discussion forum for the entire class and class announcements.

Textbook Study Guide: Study guides, practice quizzes, and other materials are available on the textbook web site. http://bcs.worthpublishers.com/comerabpsych8e/#t_748929____

REQUIRED ACTIVITIES AND ASSIGNMENTS
There is much work to be done in this class, and only 5 weeks in which to do it. The class requires much memorization, factual review, and analysis of ideas. Students are expected to attend lectures, read the text before coming to class, read and review case studies (and write essays on them), complete quizzes and exams, and (if you want to gain some extra points) participate in our department’s experimental research program.

Collaborative and cooperative learning is expected. Students are strongly encouraged to form study groups.

Research Participation in the Psychology Department Participant Pool
The Psychology Department is offering the opportunity for students in this course to participate in psychology research projects (surveys or experiments) for a total of 2 hours (2 separate sessions) or complete an alternative assignment. If you complete one of these sessions (or alternative assignment), you will receive 10 extra credit points. Therefore, you will have the opportunity to receive 20 extra credit points in this course if you attend 2 sessions (or complete 2 alternative assignments).

Quizzes will be explained in class (some will be online, and some will be given in class).
Weekly Online quizzes will be due every Friday at MIDNIGHT.
Attendance will be taken in the form of fun quizzes that will be all-or-nothing. However, “Pop” Quizzes can occur in lecture and they serve as an assessment of attendance. These quizzes will be worth points and will be graded.

Film Essay. You will write one film essay at the end of summer session 1. You will use the information you have learned in this class to diagnose and assess a character in a movie, TV show, or a book and talk about how their experiences and their story led to their disorder. More information about the details of this assignment will be given 5 days prior to the essay being due. This assignment will be turned in on Canvas.

Case Studies. You will do TWO case study essays. Case studies will tell you the story of a person’s background and life. You will use the information that you have learned in class to appropriately diagnose
the person given their history and symptoms. These stories are very similar to what a clinician encounters every day and, thus, will prepare you for what a career in clinical psychology may look like. You will be given Case study prompts 1 week before the assignment is due. This assignment will be turned in on Canvas.

**Exams** There will be two mid-terms given in-class that will be a combination of multiple choice and short answer (Please bring an 882-E scantron). The final exam will be given online and you will be given 3 days to complete the final exam on the last week of class.

**A NOTE on Writing style**
Case studies and the film essay are to be written in APA writing style, without a title page (just put a title with your name on the top of the first page) and without an abstract. The header on each page needs to have page numbers, a shortened essay title, and student last name. APA-style citations and references are required, listed at the end of the essay (not a separate page). If you need assistance with APA style, please contact the TA or myself and we can help you. You can also use this online resource: [https://owl.english.purdue.edu/owl/resource/560/1/](https://owl.english.purdue.edu/owl/resource/560/1/)

**GRADING**

*All assignments will be turned in via Canvas unless otherwise specified.*
Film essay and case studies must be submitted in .pdf, .doc, or .docx (no odt or pages files, please) on Canvas. Make sure each file name includes your LAST NAME and the name of the assignment.

| Evaluations of student progress will be based on the following required activities: |
|---------------------------------------------------------------|----|
| •Research Participation | Potential 20 points extra credit |
| •Lecture attendance: Random “pop” quizzes (10 @10 pts each) | 100 points |
| •Online Quizzes (4 total, 30 points each) | 120 points |
| •Midterms (2 @50 pts each) | 100 points |
| •Final Exam (1@50 pts) | 50 points |
| •Film essay (1 @50 pts) | 50 points |
| •Case Study Essays (2 @40 pts each) | 80 points |

| Total possible points: 500 points |

A tentative grading breakdown: A+:≥98%, A:94-97%, A-:90-93%, B+:87-89%, B:84-86%, B-:80-83%, C+:77-79%, C:74-76%. Scores at 73% of the possible points or below will be graded according to Professor Dyer’s discretion.

All grading is criterion-based, which means that students are evaluated on objective criteria rather than on a curve. There is no need for competition and all students have the opportunity to get an A. Class attendance and participation can be a tiebreaker in handing out grades.

*NO late assignments* will be accepted. *Quizzes cannot be taken late or turned in late* without proof of dire circumstances.
Rewrites and Extra Credit

• You may make-up a score on ONE case study by resubmitting them with corrections for half the points you lost. These corrections must be SUBMITTED within ONE WEEK of receiving your papers back.

• Extra Credit is only available in the form of participating in research studies (or completing the alternative assignment).

DISABILITY ACCOMMODATIONS

If you qualify for classroom accommodations because of a disability, please submit your Accommodation Authorization Letter from the Disability Resource Center (DRC) to Professor Dyer during his office hours, by appointment, or before/after class, within the first week of Summer Session. Contact DRC by phone at 831-459-2089, or by email at drc@ucsc.edu for more information.

THE ACADEMIC HONOR ZONE

This class is a community of learners. You are asked to honor, respect, and facilitate the learning of all students. You should come to class prepared with the assigned readings completed. Please help class routines and procedures run smoothly. It is expected that you will engage in activities that help others learn. This includes using constructive discussion and inquiry, sharing learning materials, assisting in research, cooperating and collaborating with others.

You are expected to do nothing to harm the educational experience of other students in the class. This expectation applies to appropriate behavior during class: arriving on time for class, avoiding unnecessary disruptions, etc. You should facilitate instruction, help other students voice their knowledge, help in the expression of ideas, and avoid the use of irrelevant or tangential questions.

Do not come to class to text, email, or to listen to your iPod or MP3 player. If you will be taking notes using your laptop, please only use the laptop for class notes and activities.

Collaborative and group learning is encouraged in this course. However, all work submitted in this course must be your own and produced exclusively for this course. Prof. Dyer assumes all students are familiar with UCSC's policy on academic honesty and integrity (available at: http://www.ucsc.edu/academics/academic_integrity/undergraduate_students/). This is a policy the class will strictly adhere to. Cheating on exams will result in failure and dismissal from the class. As in all UCSC classes, plagiarism is prohibited. The ideas and writings of others are shared contributions to our knowledge; the use of others' work (ideas, quotations, paraphrases) must be properly cited and documented. If you have any questions about academic honesty issues as they pertain to this course, you should consult with Prof. Dyer or a TA before completing any course requirements.

Please note that students may be disciplined for selling, preparing, or distributing course lecture notes for any commercial purpose, whether or not the student themselves took the notes. The unauthorized sale of lecture notes (and handouts, readers or other course materials) is a violation of campus policies, state law, and may also constitute copyright infringement subject to legal action.
REMINDER TO ARCHIVE

Save and back up your work in this class! As with all UCSC courses, you are responsible for archiving your papers, exams, and other materials in this course. It is expected that you will copy or back up all work (email it to yourself). If material is misplaced, you must be able to reproduce it if requested. Disk crashes and/or lost materials do not excuse you from producing required work.

TENTATIVE CLASS SCHEDULE AND ASSIGNMENTS

WEEK 1: INTRODUCTION TO ABNORMAL PSYCHOLOGY IN SCIENCE & PRACTICE

Reading: Chapters 1, 2, 3, & 14

Monday June 25th
• Course introduction • What is psychological abnormality?
• Multidisciplinary perspectives • Prevalence of mental disorders

Wednesday June 27th
• Symptoms • Diagnosis, the DSM, and the ICD • Assessment Basics
• Introduction to Treatments (a. psychotherapy, b. psychosocial, c. psychopharmacological)
• Developmental Disorders and Disorders Common among Children w/ special Guest Lecturer: Michael Lieber

Online Quiz #1 DUE on Friday (by Midnight)

WEEK 2: STRESS, MEMORY, ANXIETY

Reading: Chapters 4 & 5

Monday July 2
• Stress and trauma • Dissociation • Anxiety Disorders • Obsessions & compulsions

Wednesday July 4
• NO CLASS TODAY: HAPPY 4th OF JULY!!!!

Online Quiz #2 DUE on Friday (by Midnight)

WEEK 3: MOOD & AFFECT, SUICIDE

Reading: Chapter 6 & 7

Monday July 9
• Problems of mood and affect • Major depression • Mood dis-regulation • Bipolar disorder
(receive prompt for Case study #1)

Wednesday July 11

Midterm Exam #1 in class
• Treatments for mood disorders • Suicide and suicidology

Online Quiz #3 DUE (by Midnight)
WEEK 4: PROBLEMS OF THE MIND AND BODY

Reading: Chapters 8, 9, 10 & 12

Monday July 16
Case Study #1 DUE (by 1pm)

Monday July 16
• Schizophrenia and the delusional disorders • The plight of people with serious mental illness • Substance use and addiction
  (receive Case study #2 prompt)

Wednesday July 18
Midterm Exam #2 in class
(receive more information about the Film Essay)
• Somatic symptoms and disorders • Eating disorders
Online Quiz #4 DUE (by Midnight)

WEEK 5: SEXUALITY, PERSONALITY DISORDERS, & AGING

Reading: Chapters 11, 13, & 15

Monday July 23
Personality Disorders • Sexual disorders w/ Special Guest Lecturer: Sam Hughes

Wednesday July 25
• Dementias & Disorders of aging • Hospitalization and deinstitutionalization
  NAMI guest speakers
  Case Study #2 DUE (by 1pm)

FRIDAY July 27th
Final Exam DUE on Canvas (by Midnight)
Last day to complete extra credit participation
Film essay due on Canvas at Midnight
Research Participation (Extra Credit)

Students can earn up to twenty extra credit points by completing research hours (or alternative assignments) by 5pm on Friday, July 27th, 2018.

Follow these easy steps to sign-up for research projects:
1) Go to the E-Link website at https://ucsc.sona-systems.com
2) If you are enrolled in the class at the start of the quarter, then an account should already be created for you. To log in for the first time, click “Forgot Password?” to retrieve the pre-set password. For those who added the class late, or for some reason the system won’t let you log in, you may need to click “Request Account.” Only request a new account if the “Forgot Password” link isn’t working.
3) Always enter your UCSC email address. You will receive your password via email.
4) Log in and follow the instructions.

IMPORTANT: You can earn extra-credit points by either participating in studies (surveys or experiments) or writing papers (the alternative assignment). Studies are posted throughout the quarter. Plan ahead and complete them as soon as possible. Check online often for new studies. If you know you cannot make it, and if the time until the study is more than 24 hours, you can cancel on E-link. If you fail to show up for a study, or fail to cancel in time, you will be marked as having an “unexcused no-show.” If you accumulate three unexcused no-shows you will be prevented from signing up for more experiments. All participation must be completed by 5pm on the Friday of the last week of instruction. Do not wait until the last week to sign up.

What if you can’t find studies? Although some studies may be available right at the start of the quarter, there may not be enough for everyone. Please be patient, researchers will post new studies throughout the quarter. There is usually a big spike in hours during the last couple weeks. If you are concerned about the availability of hours, please don’t email your instructors or TAs, instead email the pool administrator so that they can try to address the issue directly (ucscresearchpool@gmail.com). This is also the best email to use if other issues arise during the quarter. If you participated in a study but didn’t receive credit after two days, please start by emailing the researchers directly. If the researchers don’t respond then send an email to the pool administrator. Rest assured, however, that all pending timeslots will be given credit at the end of the quarter before a report is sent to your professor.

Alternative assignment: If you prefer to not participate in research studies (or if you are under the age of 18) you may substitute up to 2 papers, each critically evaluating a psychology research article. If you are doing the alternative written assignments, they must be emailed directly to your instructor or TA by the last day of instruction. If you have any questions or concerns please contact the research pool administrator at ucscresearchpool@gmail.com.

Each paper should be 1-2 pages (double spaced, 12-point, times new roman) and critically evaluate a psychology research article (addressing the questions shown below). You are restricted to articles only related to clinical psychology, articles about psychopathology, articles about stress, or substance abuse. You will need to find articles published in 2016 or 2017 in one
of the following journals: (a) *Psychological Science*; (b) *Psychonomic Bulletin & Review*; (c) *Journal of Personality and Social Psychology*; (d) *Developmental Psychology*.

1) What were the basic questions or hypotheses under investigation?
2) How did the researchers test their hypotheses?
3) What did the researchers find and how were these findings interpreted?