

PSYC 1: Introduction to Psychology

Summer Session 1: June 25-July 27, 2018

Tu & Th, 1:00-4:30pm

Social Sciences 2 Room 071

Instructor

Annie S. Ditta, M.S.

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Office Hours: Tues. 11:00am-12:30pm and by appointment, SS2 305

Teaching Assistant

Desiree Ryan

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Office Hours: Thurs. 11:00am-12:30pm and by appointment, Blum Center SS2 056

Course Overview

This course serves as a broad introduction to the many subfields of psychology. Topics include, but are not limited to: research methods, biological bases of the mind, sensation, perception, attention, consciousness, memory, decision-making, creativity, development, learning, intelligence, personality, motivation, social psychology, emotions, and clinical psychology.

Course Learning Objectives

By the end of the course, each student should be able to:

1. Describe major concepts and findings from each area of psychology that was discussed in the course.
2. Identify real-world instances of psychological processes and concepts related to the course content.
3. Think critically about the way in which psychological research is conducted and presented in academia.

Textbook & Materials

Free online text from the NOBA project. It can be accessed directly here:

<http://noba.to/abtd5q49>

A PDF version will also be uploaded to Canvas, but the online version has clickable links that will be unavailable in the PDF version.

Important Dates

Thursday, June 28th: Deadline to add the course

Monday, July 2nd: Deadline to drop the course (tuition refund)

Friday, July 6th: Deadline to change grade option (letter grade or P/NP)

Friday, July 13th: Deadline to withdraw from the course (no refund)

Grading

Your grade for this course is determined by a weighted average of exams, assignments, and participation.

Weekly Online Quizzes <i>4 Quizzes (5% ea.)</i>	20%
Midterm Exam	30%
Final Exam	30%
<i>Cumulative</i> Paper Assignment <i>5 pages</i>	15%
In-Class Participation	5%

Extra Credit

Instructor Evaluation	+1%
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Pass/Fail the Course

Research Participation, OR
Alternative Assignment

Point/Letter Grade Breakdown

100-98.0 = A+	86.9-83.0 = B	68.9-67.0 = D+
97.9-93.0 = A	82.9-80.0 = B-	66.9-63.0 = D
92.9-90.0 = A-	79.9-77.0 = C+	62.9-60.0 = D-
89.9-87.0 = B+	76.9-70.0 = C	59.9 – 0 = F
86.9-83.0 = B	69.0-69.9 = C-	

Important Notes About Grades

- 1) If you are taking the course Pass/Fail, a **70 and above is passing**.
- 2) If you plan to be a Psychology major, the required GPA for the major includes your grade in this course.
- 3) **C- grades will not satisfy pre-requisites**, GE requirements, or major requirements; students may repeat courses in which they receive a grade of C- or below.

Course Components

Quizzes. There will be four noncumulative quizzes throughout the course, together worth 20% of the final course grade (5% each). These quizzes will consist of 10 multiple-choice questions, and will be administered online over the weekend after each week's lecture. These quizzes are intended to serve multiple purposes: 1) for you to learn how I write exam questions, 2) to keep you up with course material in the fast-paced summer session, and 3) to review and learn the material for the midterm and final exams.

Midterm & Final Exams. There will be one in-class midterm and one cumulative, in-class final exam in this course, each worth 30% of the final course grade. These exams will include material from the lecture and the reading modules, though material from the lectures is represented more heavily. These exams will each consist of 75 multiple-choice and 2 short-answer questions. You will be allowed to have one 3x5 notecard's worth of **handwritten** notes with you during the exams. A study guide will be posted for each exam a week before the exam is to take place to help guide your studying. Desiree will also be holding review sessions before each exam—I highly encourage you to take advantage of them!

Paper Assignment. There is one paper assignment in this course, worth 15% of the final course grade. For this paper, you will choose one empirical article from the provided list and write a 5-page, double-spaced response. Your response must include: 1) a brief summary of the empirical article, 2) an evaluation of the findings (i.e., whether you are/are not convinced by the findings of the paper, and why), 3) a connection between the article and a real-world topic in the media (e.g., news/current events, pop culture, etc.), and 4) a discussion of how the psychological topics being covered in the empirical article/media piece relate to your own life. The paper should be **submitted online through the Canvas website** before lecture at 12pm on the day it is due.

In-Class Participation. The final 5% of the course grade is comprised of your participation during class. Participation is a combination of scores from responding to in-class quizzes and partner/class discussions. The lowest score from this category will be dropped.

Research Participation. The Psychology Department requires that all students in this course participate in psychology research projects (surveys or experiments) for a total of **5 hours**, or complete an alternative assignment (see below). It is the Psychology Department's policy that students who do not complete this requirement on time will receive an "F" or "no pass" for the course. Research participation cannot be made up the following quarter. All research participation must be completed by **7:00pm on July 25th, 2018**.

Follow these easy steps to sign-up for research projects:

- 1) Go to the E-Link website at <https://ucsc.sona-systems.com>
- 2) If you are enrolled in the class at the start of the quarter, then an account should already be created for you. To log in for the first time, click "Forgot Password?" to retrieve the pre-set password. For those who added the class late, or for some reason the system won't let you log in, you may need to click "Request Account." Only request a new account if the "Forgot Password" link isn't working.
- 3) Always enter your UCSC email address. You will receive your password via email.
- 4) Log in and follow the instructions.

IMPORTANT: You must satisfy the requirement by EITHER completing **5 hours of studies** or writing **3 two-page research papers** (the alternative assignment). Studies are posted throughout the quarter. Plan ahead and complete them as soon as possible. Check online often for new studies. If you know you cannot make it, and if the time until the study is more than 24 hours, you can cancel on E-link. If you fail to show up for a study, or fail to cancel in time, you will be marked as having an "unexcused no-show." If you accumulate three unexcused no-shows you will be prevented from signing up for more experiments. All participation must be completed by **7:00pm on Wednesday, July 25th**. Do not wait until the last week to sign up.

What if you can't find studies? Although some studies may be available right at the start of the quarter, there may not be enough for everyone. Please be patient, researchers will post new studies throughout the quarter. There is usually a big spike in hours during the last couple of weeks. If you are concerned about the availability of hours, please don't email your instructors or TAs, instead email the pool administrators for them to address the issue directly (ucscresearchpool@gmail.com). This is also the best email to use if you have other troubles with getting credit for studies you've already participated in, or other pool related issues that arise during the quarter.

Alternative assignment: If you prefer to not participate in research projects (or if you are under the age of 18) you must substitute 3 one-to-two-page typed papers, each critically evaluating a psychology research article. If you are doing the alternative written assignments, they must be

emailed directly to Desiree by the last day of instruction on **July 27th at 11:59pm**. If you have any questions or concerns, please contact the research pool administrator at ucscresearchpool@gmail.com.

Each paper should be 1-2 pages (double spaced, 12-point, Times New Roman) and critically evaluate a psychology research article (addressing the questions shown below). A list of articles will be provided for you by Annie—you may not substitute any other articles.

- 1) What were the basic questions or hypotheses under investigation?
- 2) How did the researchers test their hypotheses?
- 3) What did the researchers find and how were these findings interpreted?
- 4) Are you convinced? Why or why not? Explain.

Late Assignments/Exam Conflicts

If there are any potential conflicts with exam dates or assignments, please notify Annie as soon as possible.

- 1) Make-up exams will be given on a limited basis and you must contact me before the exam date (unless completely unable).
- 2) For each day an assignment is late, you will lose a letter grade on the assignment score.

Course Support

Review Sessions. There will be a total of two optional review sessions, which will be offered before each in-class exam. During these sessions, the teaching assistant will be leading review activities that cover the preceding course material. While these sessions are optional, they are strongly encouraged. The dates, times, and locations of these review sessions will be announced in class.

Review sessions will be led by teaching assistant Desiree Ryan. She will also be holding weekly office hours, which will be offered each week starting Week 2. Annie's office hours will begin Week 1.

PSYC 1: Course Schedule

Week	Date	Topics	Readings (NOBA Modules)	Due
1	6/26	Introduction to Course, Research Methods, Biological Bases of the Mind	<ul style="list-style-type: none"> • History of Psychology • Why Science? • Research Designs • The Brain • The Brain & Nervous System 	
	6/28	Sensation & Perception, Attention & Sleep, Memory 1	<ul style="list-style-type: none"> • Sensation & Perception • Failures of Awareness: The Case of Inattentive Blindness • Attention • States of Consciousness 	
QUIZ 1 DUE BY MONDAY, 7/2 AT 5:00PM				
2	7/3	Memory 2, Cognition, & Language	<ul style="list-style-type: none"> • Factors Influencing Learning • Forgetting & Amnesia • Memory (Encoding, Storage, Retrieval) • Eyewitness Testimony & Memory Biases • Judgment & Decision-Making • Creativity • Language & Language Use 	
	7/5	Cognitive & Language Development, Social & Emotional Development	<ul style="list-style-type: none"> • Nature-Nurture Question • Cognitive Development in Childhood • Social & Personality Dev. In Childhood • Attachment Through the Life Course 	
QUIZ 2 DUE BY MONDAY, 7/9 AT 5:00PM				
3	7/10	In-Class Review Session (1:00-2:15pm), MIDTERM EXAM IN-CLASS (2:30-4:30pm)		
	7/12	Learning, Intelligence	<ul style="list-style-type: none"> • Conditioning & Learning • Self-Efficacy • Intelligence • Intellectual Abilities, Interests, & Mastery 	

QUIZ 3 DUE BY MONDAY, 7/16 AT 5:00PM				
4	7/17	Personality & Identity, Motivation	<ul style="list-style-type: none"> • Personality Traits • Personality Assessment • Self & Identity • Drive States • Motives & Goals 	
	7/19	Social Psychology, Emotions, Stress, & Coping	<ul style="list-style-type: none"> • Social Cognition & Attitudes • Conformity & Obedience • Social Comparison • Functions of Emotions • Emotional Intelligence • Emotion Experience & Well-Being 	Paper Assignment due on Canvas by 12:00pm
QUIZ 4 DUE BY MONDAY, 7/23 AT 5:00PM				
5	7/24	Psychological Disorders & Treatment 1 & 2	<ul style="list-style-type: none"> • History of Mental Illness • Anxiety & Related Disorders • Mood Disorders • Schizophrenia Spectrum Disorders • Therapeutic Orientations 	
	7/25	N/A		SONA Research Participation due by 7:00pm
	7/26	In-Class Review Session (1:00-2:15pm), CUMULATIVE FINAL EXAM IN-CLASS (2:30-4:30pm)		
	7/27	N/A		Alternative to Research Participation Assignment due by 11:59pm
<p>Congrats—you're done! Enjoy your summer!! ☺</p>				

Administrative Information

Academic Honesty & Integrity Policy

Academic integrity is the cornerstone of a university education. Academic dishonesty diminishes the university as an institution and all members of the university community. It tarnishes the value of a UCSC degree.

All members of the UCSC community have an explicit responsibility to foster an environment of trust, honesty, fairness, respect, and responsibility. All members of the university community are expected to present as their original work only that which is truly their own. All members of the community are expected to report observed instances of cheating, plagiarism, and other forms of academic dishonesty in order to ensure that the integrity of scholarship is valued and preserved at UCSC.

In the event a student is found in violation of the UCSC Academic Integrity policy, he or she may face both academic sanctions imposed by the instructor of record and disciplinary sanctions imposed either by the provost of his or her college or the Academic Tribunal convened to hear the case. Violations of the Academic Integrity policy can result in dismissal from the university and a permanent notation on a student's transcript.

For the full policy and disciplinary procedures on academic dishonesty, students and instructors should refer to the [Academic Integrity page](#) at the [Division of Undergraduate Education](#).

Students Requiring Accommodations

The Disability Resources Center reduces barriers to inclusion and full participation for students with disabilities by providing support to individually determine reasonable academic accommodations. If you have questions or concerns about exam accommodations, or any other disability-related matter, please contact the DRC office, located in Hahn 125 or at 831-459-2089 or drc@ucsc.edu.

UC Santa Cruz is committed to creating an academic environment that supports its diverse student body. If you are a student with a disability who requires accommodations to achieve equal access in this course, please submit your Accommodation Authorization Letter from the Disability Resource Center (DRC) to me privately during my office hours or by appointment, preferably within the **first week of the session**. At this time, I would also like us to discuss ways we can ensure your full participation and success in the course.

Title IX

The university cherishes the free and open exchange of ideas and enlargement of knowledge. To maintain this freedom and openness requires objectivity, mutual trust, and confidence; it requires the absence of coercion, intimidation, or exploitation. The principal responsibility for maintaining these conditions must rest upon those members of the university community who exercise most authority and leadership: faculty, managers, and supervisors.

The university has therefore instituted a number of measures designed to protect its community from sex discrimination, sexual harassment, sexual violence, and other related prohibited conduct. [Information about the Title IX Office](#), the [online reporting link](#), applicable campus [resources](#), reporting responsibilities, the [UC Policy on Sexual Violence and Sexual Harassment](#)

and the UC Santa Cruz Procedures for Reporting and Responding to Reports of Sexual Violence and Sexual Harassment can be found at titleix.ucsc.edu.

The Title IX/Sexual Harassment Office is located at 105 Kerr Hall. In addition to the [online reporting option](#), you can contact the Title IX Office by calling 831-459-2462.