

PSYC 135: Feelings & Emotions

Summer Session 2: July 31-September 1, 2017

Tu & Th, 1:00-4:30pm

Social Sciences 2, Room 75

Instructor

Annie S. Ditta, M.S.

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Office Hours: Tues. & Weds., 11:30am-12:30pm and by appointment, SS2 305

Teaching Assistant

Sean Stone

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Office Hours: Thursdays 11:00am-12:30pm and by appointment, SS2 445

Course Overview

This course is intended to serve as a survey of the existing research on the psychology of emotions. Particular focus will be given to a cognitive perspective of the study of emotion, though we will also examine the topic from the lens of anthropology, social psychology, and cognitive linguistics.

Course Learning Objectives

By the end of the course, each student should be able to:

1. Describe major concepts and findings in the study of emotion.
2. Identify real-world instances and applications of the psychology of emotion.

Textbook & Materials

Niedenthal, P. M., & Ric, F. (2017). *Psychology of Emotion* (2nd ed.). New York, NY: Routledge. ISBN-10: 1848725124.

Textbook is available at the Bay Tree Bookstore. The first edition will also suffice for this course, though the second edition is highly recommended.

Grading

Your grade for this course is determined by a weighted average of exams, assignments, and participation.

Midterm	40%
Final Exam	40%
<i>Non-cumulative</i>	
Paper/Video Assignment	10%
In-Class Participation	10%

Extra Credit

Instructor/TA Evaluations	+1%
<i>.5% each</i>	
Research Participation	+2%

Point/Letter Grade Breakdown

100-98.0 = A+	86.9-83.0 = B	68.9-67.0 = D+
97.9-93.0 = A	82.9-80.0 = B-	66.9-63.0 = D
92.9-90.0 = A-	79.9-77.0 = C+	62.9-60.0 = D-
89.9-87.0 = B+	76.9-70.0 = C	59.9 – 0 = F
86.9-83.0 = B	69.0-69.9 = C-	

Important Notes About Grades

- 1) If you are taking the course Pass/Fail, a **70 and above is passing**; 69.9 and below is failing.
- 2) C- grades will not satisfy pre-requisites, GE requirements, or **major requirements**; students may repeat courses in which they receive a grade of C- or below.

Course Components

Midterm. There will be one in-class midterm, worth 40% of the final course grade. The midterm exam will include material from the lectures and the textbook, though material from the lectures will be represented more heavily. This exam will consist of 75 multiple choice questions and 5 short-answer questions. A study guide will be posted a week before the midterm exam date.

Final Exam. There will be one non-cumulative, in-class final exam in this course, worth 40% of the final course grade. The final exam will be in the same format as the midterm exam. A study guide will be posted a week before the final exam date.

Paper/Video Assignment. There will be one assignment for the course, worth 10% of the course grade, that can be fulfilled in one of two ways. You can choose to: a) individually write a 3-4 page, double-spaced paper on a topic discussed in class, or, b) join a small group of no more than 4 students and create a 5-7 minute video presentation on a topic discussed in class. More detailed instructions for this assignment will be posted to the Canvas website within the first week of the course.

In-Class Participation. The final 10% of the course grade is comprised of your participation during class. Participation will be graded on a completion basis from responding to in-class quizzes. The lowest score from this category will be dropped.

Research Participation. The Psychology Department allows for all students in this course to earn extra credit by participating in psychology research projects (surveys or experiments) for a total of **2 hours**, or complete an alternative assignment (see below). All research participation must be completed by **7:00pm on August 30th, 2017**.

Follow these easy steps to sign-up for research projects:

- 1) Go to the E-Link website at <https://ucsc.sona-systems.com>
- 2) If you are enrolled in the class at the start of the quarter, then an account should already be created for you. To log in for the first time, click “Forgot Password?” to retrieve the pre-set password. For those who added the class late, or for some reason the system won’t let you log in, you may need to click “Request Account.” Only request a new account if the “Forgot Password” link isn’t working.
- 3) Always enter your UCSC email address. You will receive your password via email.
- 4) Log in and follow the instructions.

IMPORTANT: You may earn the extra credit by EITHER completing **2 hours of studies** or writing **2 two-page research papers** (the alternative assignment). Studies are posted throughout the quarter. Plan ahead and complete them as soon as possible. Check online often for new studies. If you know you cannot make it, and if the time until the study is more than 24 hours, you can cancel on Elink. If you fail to show up for a study, or fail to cancel in time, you will be marked as having an “unexcused no-show.” If you accumulate three unexcused no-shows you will be prevented from signing up for more experiments. All participation must be completed by **7:00pm on Wednesday, August 30th**. Do not wait until the last week to sign up.

What if you can’t find studies? Although some studies may be available right at the start of the quarter, there may not be enough for everyone. Please be patient, researchers will post new studies throughout the quarter. There is usually a big spike in hours during the last couple of weeks. If you are concerned about the availability of hours, please don’t email your instructors or TAs, instead email the pool administrators for them to address the issue directly (ucscresearchpool@gmail.com). This is also the best email to use if you have other troubles with getting credit for studies you’ve already participated in, or other pool related issues that arise during the quarter.

Alternative assignment: If you prefer to not participate in research projects (or if you are under the age of 18) you must substitute 2 two-page typed papers, each critically evaluating a psychology research article. If you are doing the alternative written assignments, they must be emailed directly to your TA or instructor by **September 1st at 11:59pm**. If you have any questions or concerns please contact the research pool administrator at ucscresearchpool@gmail.com.

Each paper should be 2 pages (double spaced, 12-point, Times New Roman) and critically evaluate a psychology research article (addressing the questions shown below). A list of articles will be provided for you by the instructors, you may not substitute any other articles.

- 1) What were the basic questions or hypotheses under investigation?
- 2) How did the researchers test their hypotheses?
- 3) What did the researchers find and how were these findings interpreted?
- 4) Are you convinced? Why or why not? Explain.

Late Assignments/Exam Conflicts

If there are any potential conflicts with exam dates or assignments, please notify Annie as soon as possible.

- 1) Make-up exams will be given on a limited basis and you must contact me before the exam date (unless completely unable).
- 2) For each day an assignment is late, you will lose a letter grade on the assignment score.

Course Support

Review Sessions. There will be two optional review sessions offered throughout the course, during which the teaching assistant, Sean Stone, will be leading review activities that cover the preceding course material. While these sessions are optional, they are strongly encouraged. The dates, times, and locations of these review sessions will be announced in class. Sean will also be holding weekly office hours, which will be offered each week starting Week 1.

PSYC 135: Course Schedule

Week	Date	Topics	Readings (Textbook)	Due
1	8/1	Introduction to the Course, Intuitive Ideas About Emotion, Defining Emotions	<ul style="list-style-type: none"> Chapter 1: Theories of Emotion 	
	8/3	The Science of Studying Emotions, The Biological Basis of Emotion	<ul style="list-style-type: none"> Chapter 2: Methods for the Science of Emotion Chapter 3: The Emotional Brain 	
2	8/8	Review of Paper/Video Assignment, Functions of Emotion, Expression of Emotion	<ul style="list-style-type: none"> Chapter 4: Functions of Emotion Chapter 5: Expression of Emotion 	
	8/10	Self-Conscious Emotions, Anger, Happiness, Love	<ul style="list-style-type: none"> Chapter 6: Self-Conscious Emotions Chapter 7: Happiness 	
3	8/15	MIDTERM EXAM IN CLASS		
	8/17	Emotions & Health, Emotion Regulation, Emotional Intelligence	<ul style="list-style-type: none"> Chapter 9: Emotion Regulation 	
4	8/22	Social Construction of Emotion, Gender Differences in Emotion	<ul style="list-style-type: none"> Chapter 11: Gender and Emotion 	
	8/24	Group Effects of Emotion, Cultural Differences in Emotion	<ul style="list-style-type: none"> Chapter 10: Emotion & Group Processes Chapter 12: Universals & Cultural Differences in Emotion 	Paper/Video Assignment due at the beginning of lecture
5	8/29	Emotion & Cognition, Emotion & Memory, Video Assignment Showing	<ul style="list-style-type: none"> Chapter 8: Emotion & Cognition 	

	8/30	N/A	SONA Research Participation for extra credit due by 7:00pm
	8/31	NON-CUMULATIVE FINAL EXAM IN CLASS	
	9/1	N/A	Alternative to Research Participation for extra credit due by 11:59pm
Congrats—you're done! Enjoy your summer!! ☺			

Administrative Information

Academic Honesty & Integrity Policy

Academic integrity is the cornerstone of a university education. Academic dishonesty diminishes the university as an institution and all members of the university community. It tarnishes the value of a UCSC degree.

All members of the UCSC community have an explicit responsibility to foster an environment of trust, honesty, fairness, respect, and responsibility. All members of the university community are expected to present as their original work only that which is truly their own. All members of the community are expected to report observed instances of cheating, plagiarism, and other forms of academic dishonesty in order to ensure that the integrity of scholarship is valued and preserved at UCSC.

In the event a student is found in violation of the UCSC Academic Integrity policy, he or she may face both academic sanctions imposed by the instructor of record and disciplinary sanctions imposed either by the provost of his or her college or the Academic Tribunal convened to hear the case. Violations of the Academic Integrity policy can result in dismissal from the university and a permanent notation on a student's transcript.

For the full policy and disciplinary procedures on academic dishonesty, students and instructors should refer to the [Academic Integrity page](#) at the [Division of Undergraduate Education](#).

Students Requiring Accommodations

UC Santa Cruz is committed to creating an academic environment that supports its diverse student body. If you are a student with a disability who requires accommodations to achieve equal access in this course, please submit your Accommodation Authorization Letter from the Disability Resource Center (DRC) to me privately during my office hours or by appointment, preferably within the first two weeks of the quarter. At this time, I would also like us to discuss ways we can ensure your full participation in the course. I encourage all students who may benefit from learning more about DRC services to contact DRC by phone at 831-459-2089 or by email at drc@ucsc.edu.

Title IX

The university cherishes the free and open exchange of ideas and enlargement of knowledge. To maintain this freedom and openness requires objectivity, mutual trust, and confidence; it requires the absence of coercion, intimidation, or exploitation. The principal responsibility for maintaining these conditions must rest upon those members of the university community who exercise most authority and leadership: faculty, managers, and supervisors.

The university has therefore instituted a number of measures designed to protect its community from sex discrimination, sexual harassment, sexual violence, and other related prohibited conduct. Information, advice, referrals, and/or copies of the UC Policy on Sexual Violence and Sexual Harassment and the UC Santa Cruz Procedures for Reporting and Responding to Reports of Sexual Violence and Sexual Harassment are available to all students, faculty, and staff by contacting Tracey Tsugawa, Title IX/Sexual Harassment Officer, 105 Kerr Hall, 459-2462, or ttsugawa@ucsc.edu.